

Core Indicators and Measures of a Comprehensive School Health Approach in Improving Equity in Student Achievement

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Presentation Outline

1. Background of the CIM
2. Linking Comprehensive School Health to Success for all Students
3. Searching for Evidence
4. Collaboration of Research, Policy, and Practice
5. CIM Framework
6. Next Steps



Background of the CIM



JCSH Perspectives

- Vision for CSH
- Definition of Equity

Linking Comprehensive School Health to Student Success

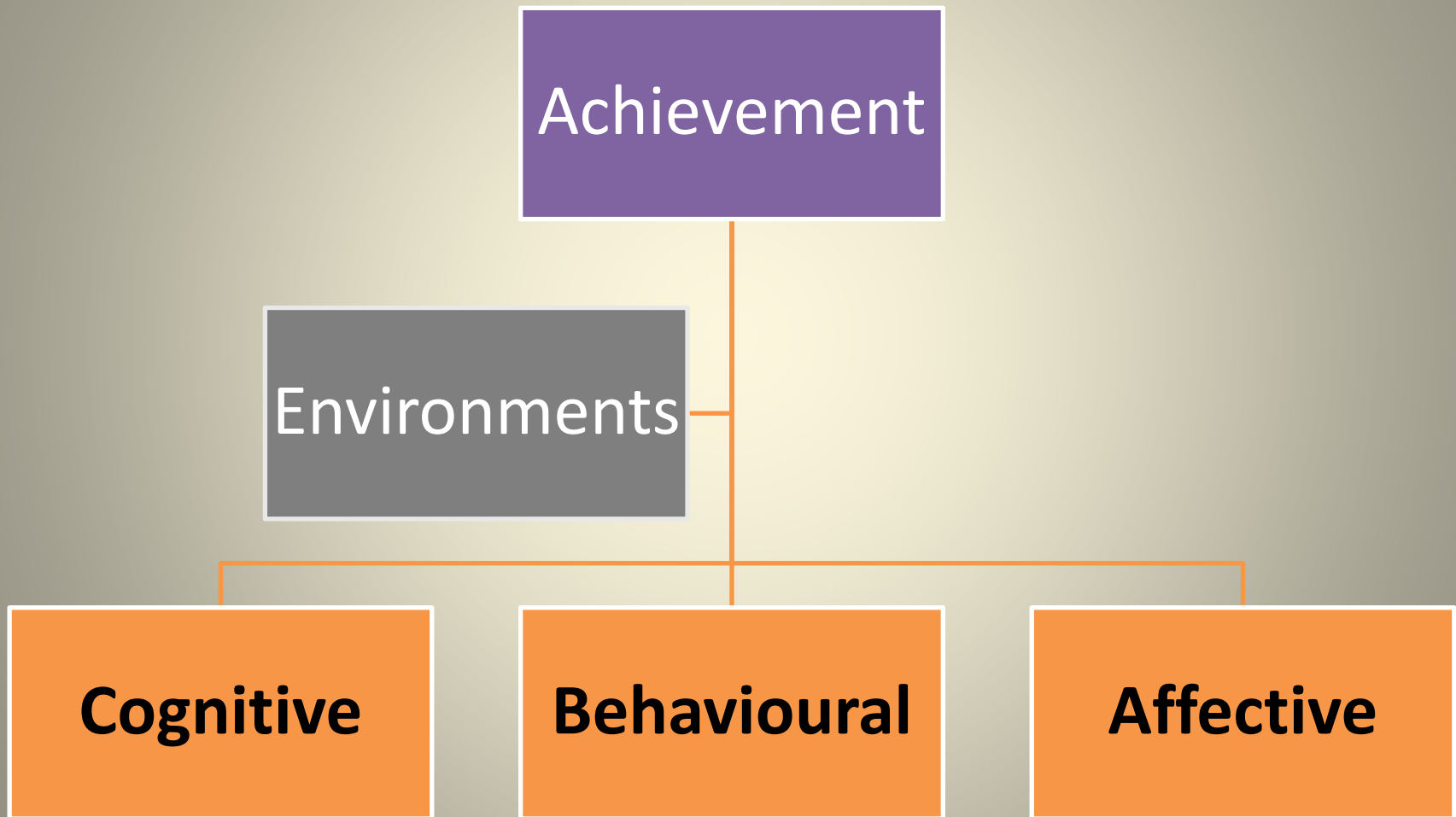


What is the relationship of CSH as a whole student, whole school approach and the success of those students?

Collaboration of Research, Policy, and Practice



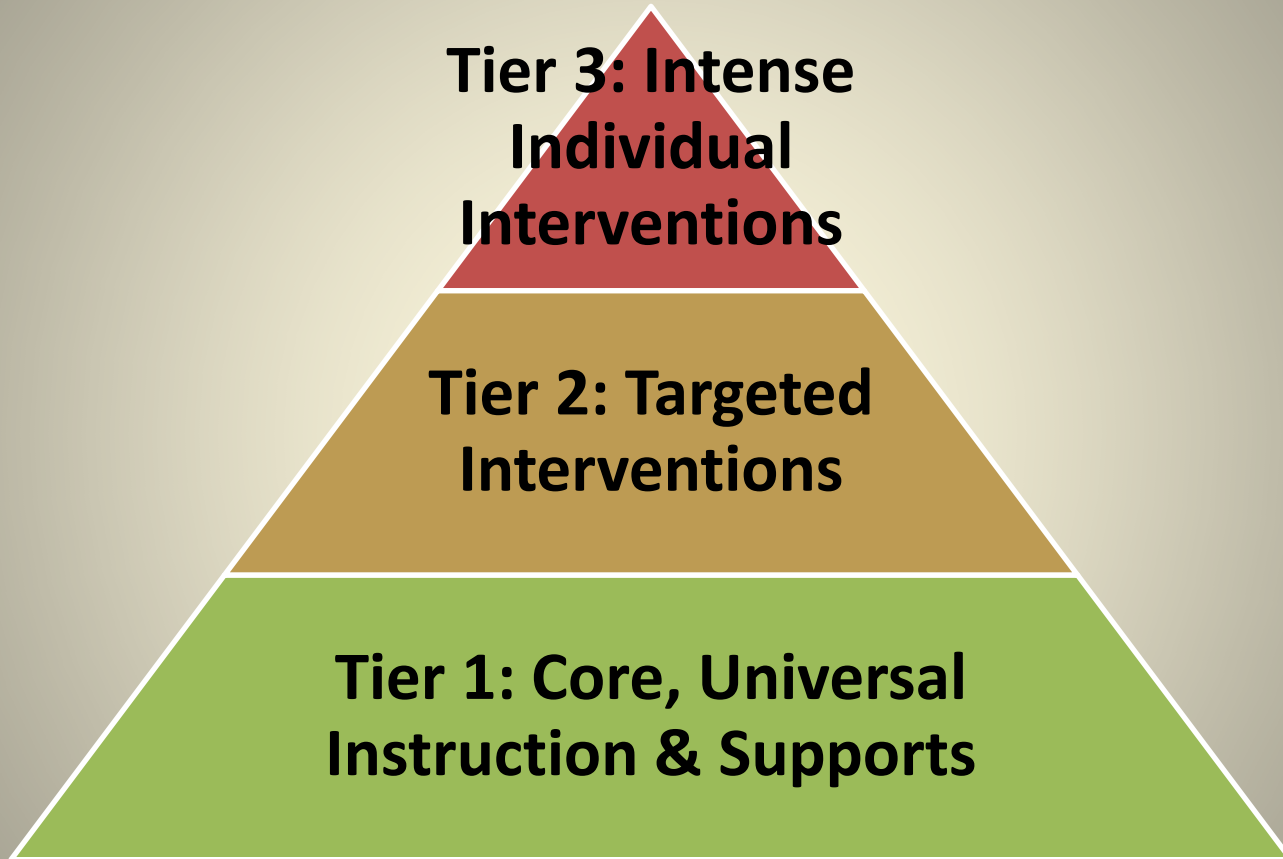
Searching for Evidence



Freeman-Hussain-JCSH Healthy Schools Framework

	COGNITIVE	BEHAVIOURAL	AFFECTIVE
ACADEMIC INDICATORS	<i>Achievement test scores: standardized tests, GPA, report cards</i>	<i>Attendance: absences, lates, suspensions/expulsions</i>	<i>Academic motivation: academic self- concept/self- efficacy, self- regulation, self- confidence, intrinsic/extrinsic motivation, coping strategies</i>
SUCCESS INDICATORS	<i>High school progression: graduation rates, graduating with Honours, credit attainment, drop- out rates, post- secondary plans</i>	<i>Student participation: number of activities in which students participate, type of participation (e.g., leadership; on-task/off- task), variety of participation (in-class, extra-curricular, community), quality of participation (student engagement, peer relationships)</i>	<i>Mental health: well-being, ill-being, suicidal tendencies, depression, school connectedness</i>
HEALTH INDICATORS	<i>Understanding of health: physical activity guidelines, screen time limits, nutritious eating, dangers of substance use</i>	<i>Health and health behaviours: physical activity, screen time, eating patterns, body composition, substance use, sexual behaviour</i>	<i>Motivations toward optimal health: attitudes, perceived behavioural control, subjective norms</i>
ENVIRONMENTAL INDICATORS	<i>Understanding of Comprehensive School Health: student, teacher, school administrator, parent, community</i>	<i>Adult engagement: parent and family member authentic engagement in school, teacher and administrator professional development, community partnerships</i>	<i>Inclusive school environment: safety, accepting environment, positive school culture, healthy school “buy-in”</i>

CIM from Equity Lens



Questions

*“We need to
prepare them
[students] for their
whole life, not just
for a job or good
academic success”*